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# Causes of feeling faint and dizzy

Why am i feeling faint and dizzy.

A seabrooker recently complained that he began to feel dizzy from time to time. This is a common problem among the elderly. In fact, the incidence in the medical literature varies from about 10 to 40 percent of people over 65. The deficion of chronic dizziness is repeated (more than at least 1 month) episode dizziness, light head, weak, gumatory or instability. When describing dizziness, several sensations are reported alone or in combination - see table 1. Among those who have chronic dizziness, is more commonly lasts less than a minute (33% of people) or less than 2 hours (40%). About a terrace of people with chronic dizziness has daily attacks and the rest has only occasional episodes during a month. A team of Geriétric Miconics at Yale University actively investigated dizziness and even propose that it is "Geriatríca Sendrome" á ĉ á ĉ œAll that can be caused by many different things. There are a series of MÁ © Tips that can produce dizziness - these include neurological entities related to brain blood flow, such as carótida articles or other cerebrovascular diseases and even cardiac problems such as vain stenosis iAotricular lve or congestive cardiac insufficiency. There are other neurologic diseases such as Parkinson, alcoholism and psychiatric conditions, such as depression and anxiety can be associated with dizziness. Other medical problems like diabetes can cause dizziness, especially when blood glucose is low. A certain number of episode is related to medicines and combinations of medications. If you read your medication regions, you will often find a dizziness listed as a side effect and some of the medicines cause orthostatic hypotension (a condition in which the position in the pulse © Decreases) That Easily Explains Vertigo by the blood supply mechanism reduced to the rebran. A lot of activities can also precipitate dizziness, such as exhausting exercise with resulting dehydration - something that in Seabrook can do in summer if we are not careful about drinking many liquids. In addition, the changes is the position is commonly reported as precipitating events. Most people (74 percent) says their dizziness is provoked by various activities that tend to be related to the movement. Some of the common activities reported by people who are chronically experienced dizziness are listed in Table 2. What we do not know is all can be done to reduce these triggering events, how to get up gradually - this is preventive It is the postural hypotension, but postural hypotension is not the usual cause. The Yale Group reported some mixed news on dizziness. The good news is that when patients with chronic dizziness were followed for a year, they do not have greater mortality, cardiac attack rate, stroke or even greater intermation rate. All this means that dizziness does not seem to have a sinister impact of health. Does this mean that those who suffer this common chronic problem just need to forget or ignore it? No, the news is that in the workers used á ĉ - to follow these people there is a greater incidence of falls and fainting. They also have more problems with depressive symptoms, feelings of good health and less social interactions. The discernment reader will say, well, these are all interrelated problems and this is true. In fact, there is a very mysterious relationship between dizziness and depression and antidepressant medications that still need to be solved, but clearly affects the function of someone with chronic dizziness. What can be done about this if you are one of the many people who have dizziness attacks? As a doctor, we always advise you to try to find out if the symptom (dizziness) is an expression of a fixed or controllable disease, and it certainly needs to go over the medicines that someone is leading with your doctor to have that these are not the cause. Common sense would determine that avoiding To learn what activities precipitate the spells and prevent them or limit the speed of executing them. Finally, the use of hand rails and other brackets when dizziness occurs can reduce the risk of falls. If someone suspects dizziness is the result of depression, this must be mentioned to your doctor, as this is often treated. The best advice I had for my friend Seabrook was to try to learn when to wait dizzy and take precautions not to allow a fall. It is small consolation that this is a very common problem, but probably is not probably that has a very serious tips consequences. Table 1. Dizziness Sensations Dizziness Sensation Description à ĉ ĉ "Percentage (%) Balance loss (imbalance, instability) - 59% Only sensation - 22% More other sensations - 37% fliação (vertigo, motion perception) - 33% only sensation - 10% and other sensations - 24% near weak (as Fainting) - 42% Sensation only - 12% more the other sensations - 30% sensations described by 72-year-old patients or more with chronic dizziness dizziness., of Tinetti in Annals of Internal Medicine, March 7, 2000. Table 2. Activities more often associated with dizziness activity - percent (%) if you lie down from bedtime - 54% turning the head - 41% rotating body - 38% Sitting - 31% when upset - 31% PA © - 26% Head in Specific Position - 21% Standing in PA © - 16% à ĉ -œes à, described by patients with 72 years of age or antiquity, with dizziness of its dizziness. Notice that many people report many Tivities and this explains why the addiction of activities results is greater than 100%. Of Tinetti in Internal Medicine Annals, March 7, 2000. Common causes LightheadDness happen when there is not enough blood to get to the re-embran. This can happen if there is a sudden drop in your arterial pressure or you are dehydrated from vãos, diarrhea, fever or other causes. Many people, especially as they get older, experience Lightheadness to rise very quickly from a position lying down or sitting. Lightheadness often accompanies flu, cold or allergy. More systems that can lead to Lightheadness include cardiac causes (such as abnormal cardiac pace or heart attack), stroke and severe drop in arterial pressure (shock). If any of these days are present, you will usually have additional symptoms such as chest pain, a race heart sensation, speech loss, vision change or other symptoms. Questions to help you decide if you should or do not seek medical help for a dizzy dizziness is a common description for many different feelings. Some people may refer to it as a dizziness, or a "vertiginous spell". Vertigo is like, but not the same as, dizziness, and describes a feeling of a person's surroundings, usually caused by the movement or positioning of the head. Various internal ear equilibrium agricultural diseases can cause vertigo, or may be a symptom of a tumor or spill.Causes of dizziness include diseases (cardacy attack), arterial pressure problems, honeycomb Cerebral or conditions (spill, dementia, dementia, migraines), medications (arterial and analgesic pressure, and antibiotics), metabolic disturbances (hypoglycemia and dehydration), aging, psychiam conditions Trics (anxiety, stress and depression) Pregnancy, and other diseases (allergies, sinus infections, and symptoms of dizziness includes dizziness, feeling weak or fainting, spinning, spinning or movement - Any one of themselves or the surroundings, weakness, tiredness, confusion, feeling messy, headache or pressure of head, chest pain, nausea or vito. dizziness can be a symptom of a condition or disease that is something more dangerous and should always be discussed with a doctor. Treatment for ton It depends on the underlying and should B and evaluated by a medical professional. The prognosis of dizziness depends on the cause. Majority of dizziness are harmless, and the problem disappears alone. Sometimes, the dizziness will be the only symptom of severe disease, whose course can be threatening to life or be easily treated. Dizziness is a common symptom during pregnancy. One of the reasons why women feel dizziness during pregnancy is due to increasing horns that cause blood vessels to dilate, which increases blood flow to the baby, but also can result in lower arterial pressure and temporary dizziness. Other causes of dizziness during pregnancy include low blood-level blood as the body's metabolism changes. Women who are noticeable or who have varicose veins can suffer dizziness with more frequently. It can occur in any quarter. It is more common in the first quarter, but during the second quarter, the expansion building puts pressure on the blood vessels and can cause dizziness. In the third quarter, when you mind on your back, the weight of the little one presses on your vena cava (a large vein that carries blood from your coraÀÀ E o), which can result in your tortura.Contact METHOD if you feel dizzy during pregnancy, especially if the dizziness is constant or persistent, or if it is accompanied by pain in your abdomen or vaginal bleeding, blurred vision, headaches or cardiac palpitations. What is vertigo? See Response comments from readers 85 Share your hammock dizziness can be assigned to a wide variety of causes. Sometimes the physicians do not find a specific diagnosis for the affected individual, but some causes of dizziness are dangerous. Some causes of dizziness are listed. Almost all medications list dizziness as a possible side effect, but is more common in some types of medications medicines, diurances, sedatives, tranquilizers, antidepressants, analgesic, and some antibiotics depression, anxiety or pulsora of bread ĉ à © single to breathe very deeply fast or, usually anxiety or distÀrrios metabÀlicos à © ĉ the conversation that of a mental illness, such as anxiety or hurry the ĉ in phasic symptoms. Often, the patient may nA ĉ mental illness be the underlying unconscious and insist that they only Ćm phasic complaints. Alcar also causes stress, and vice versa, which can cause dizziness. Timitus: Why are my ears touching? View Slideshow with dizziness, the person may feel weak, close to faint, weak, nauseated, confused, tired, awkward, unbalanced or any combination of these the ĉ. The indivíduo may notice a ĉ sensuÀÀ the movement, rotating, or spinning Swing, you or the room (possible vertigo) .ten, dizziness à © accompanied by other symptoms, such as frigidity ("lightheadness") or Royal fainting or foe-fog tired, or Pressurechest Pain or Tension Head or Dangerous Tension or Visito, the disease that threatened to life can only begin with dizziness. Call a doctor if any of the following occurs: Any first time severe or new dizziness of dizziness without a clear or right cause, or sudden dizziness in a pattern established by deviation or new symptoms After taking prescribed medications, or recent changes in PrescriptionScall 911, or see an emergency department if the dizziness is associated with the following symptoms: chest pain, palpitations, shortness of air, or Heart history of consciousness of consciousness, fainting or almost faintingfacial droop, speaks dragged, weakness from one side the body, or inability to walk direct or skin readers pale comments 100 Share your stories quick Evaluation and treatment may be necessary if the physicians suspect a serious cause of dizziness. The doctor will make detailed questions and take a story to set the kind of silly sensation. The patient's description of the vertiginous feeling may be the most important detail. The patient will receive a detailed physical examination to define the proven causes. The commissioned tests will be based on the diseases suggested by the history and results of the patient Physical examination. In the emergency department, the patient can be placed on a cardboard monitor, the electrocardiogram (ECG) can be performed and blood studies can be ordered. Sometimes, specialized tests, such as a CT scan or a cardist stress test, can be ordered. The patient may have to have surgery to treat internal bleeding or bleeding, if this is the cause of symptoms. The patient can be hospitalized or sent to a medical specialist, depending on the possible causes. The doctor can not find any specific cause for dizziness, but will try to exclude other serious diseases. Treatment varies widely and depends on the cause of the patient's dizziness. The dizziness is often a symptom of another medical condition. Treating the disease or underlying condition can improve dizziness symptoms. Some common treatments for dizziness causing dizziness include: if a motering problem is considered the cause of a person's dizziness, such as a heart attack, an emergency blood, a blood of transfusion emergency, intervention Or surgery may be needed. Fluids can be given to treat dehydration. The patient may receive medicines to control fever or treat infection. The patient can be given oxygen if they are respirator or hyperventilating. Abnormal Chemistry (Electrical Levels), this will be corrected.Medication such as Melizine (Antiverert) or Benzodiazepines (such as diazepam [Valium], Lorazepam [Activan]) are used à ĉ

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